Parker•s Cream of Wheat Serves 8...10

Ingredients

- 4 cups whole milk
- 2 cups half and half
- 2 cups of water
- 3 Tbsp. light brown sugar
- 2 Tbsp. pure maple syrup
- 2 tsp. kosher salt
- 1 ½ cups cream of wheat cereal (not instant)
- 1 tsp. pure vanilla syrup

Butter, maple syrup, and milk for serving

Instructions

- 1. Combine the milk, half and half, water, brown sugar, maple syrup, and salt in a very large saucepan and bring to a boil.
- 2. Lower the heat and very slowly spends the cream of wheat, whisking constantly, until it all incorporated.
- 3. Simmer for 3 minutes, stirring constantly with a wooden spoon, until ites thickened.
- 4. Stir in the vanilla and serve hot in bowls with a pat of butter, a drizzle of maple syrup, and cold milk.