

## Student Success Skills for Polar Bears

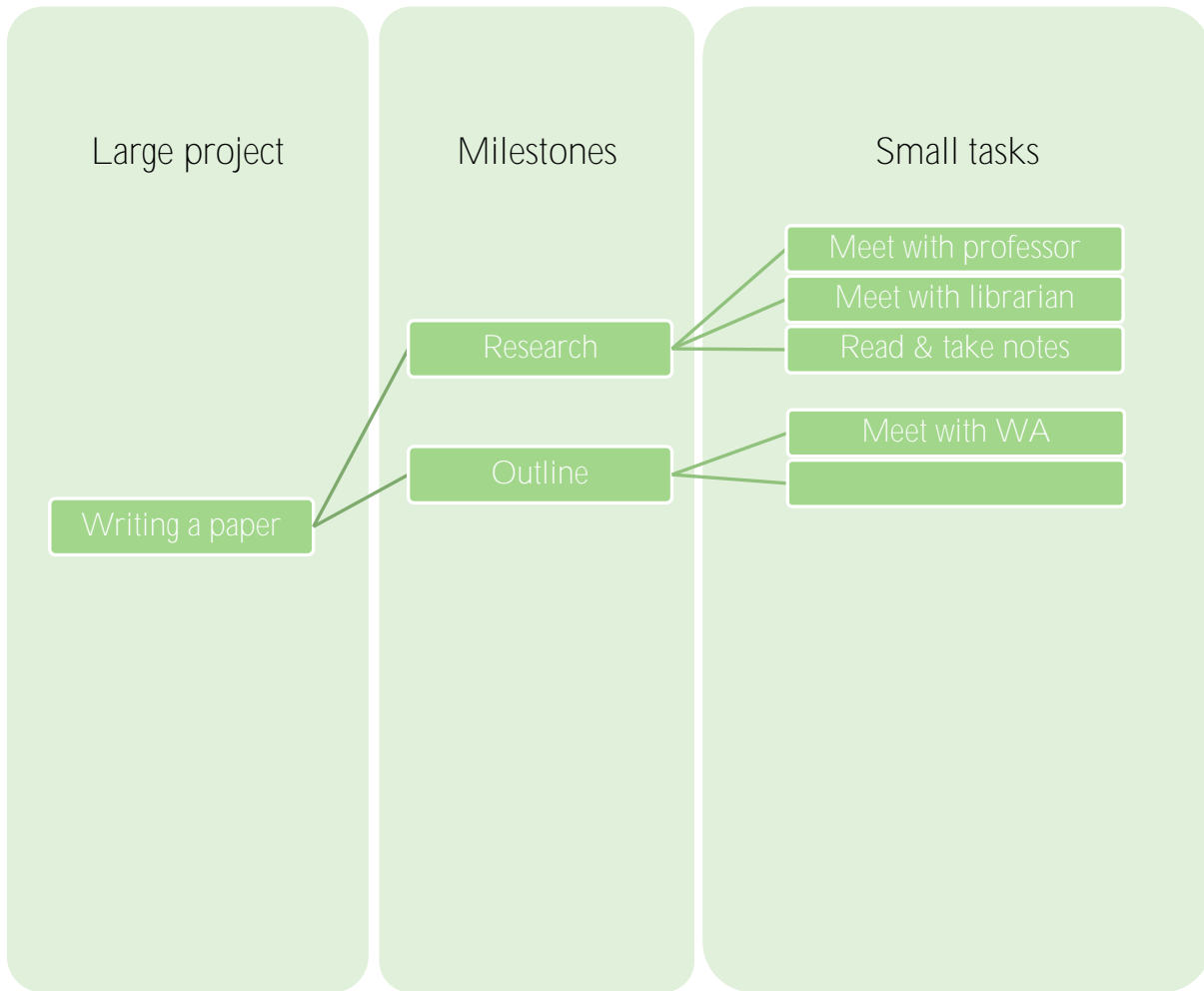
## Breaking down large projects into manageable tasks

Do you tend to procrastinate working on large projects? Do large projects paralyze you and you don't even know where to start? Do you want to feel like you are making progress towards



Want to meet with an Academic Coach?  
Contact Tina Chong  
([cchong2@bowdoin.edu](mailto:cchong2@bowdoin.edu))

Example: How to break down a large project into milestones and small tasks  
(Step 1 and 2)



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