

## November/December 2020 Snack Menu

### Preschool Program:

#### Morning Snack:

Oatmeal with Fruit

(Bananas, Applesauce, Raisins, Carrots)

#### Morning Snack:

Oatmeal with Bananas or Applesauce

#### Afternoon Snack:

Rice or Millet with Butter

Cooked Vegetables (corn, peas, carrots, sweet potatoes)

Natural Cheddar Cheese

\*\*All snacks served with water and milk. Rice or Soy milk are available as milk alternatives upon request.

\*\*All snacks are served Monday through Friday. Menu will rotate and change monthly.