THE UNSAFE CHILD: Less Outdoor Play is Causing More Harm than Good by Angela

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About the Author

Angela Hanscom is a pediatric occupational therapist and the founder of TimberNook, which focuses on nature-centered developmental programming in New England. Angela holds a master's degree in occupational therapy and an undergraduate degree in Kinesiology (the study of movement) with a concentration in health fitness. She specializes in vestibular (balance) treatment and sensory integration. She is also the author of the upcoming non-fiction book, Balanced & Ba0.240 0 0.246 0 826 0 0 0 0 51 2826 ddneraET Q 0

"Can you believe it?" another child asked excitedly.

During this time of construction, ironically, no child got hurt—not even a scratch. This is rare. Children usually get some bumps and bruises while playing in the woods. Getting scrapes, bruises, and even scars was like a rite of passage when I was growing up. No cuts, no scrapes, nothing on this day.

It was as if Mother Nature herself was trying to prove the fearful chaperone wrong, to show that children are capable of more than we often allow.

THE CRIMINALIZATION OF NATURAL PLAY

THE RIGHT TO WALK IN THE WOODS: Children's connection to the natural world should be considered a human right

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