Fidelity Investments Quali®ed Plan Bene®ciary Designation

1. GENERAL INSTRUCTIONS

Please complete this form and sign it on the blandhe future, you may revoke the bene®ciary destingn and designate a different bene®ciary by submitting a new Bene®ciary Designarm to Fidelity.

Mailing instructions:

Return this form in the enclosed postage-paid@prevelr to

Fidelity Investments, P.O. Box 770002, Cincinnati, OH 45277-0090

Questions? Call Fidelity Investments 4:800-343-0860Monday through Friday from 8:00m. to midnight ET, or visit us at www.®delity.com/atwork.

2. DESIGNATING YOUR BENEFICIARY(IES)

You are not limited to three primary and three contingent bene®ciaries. To assign additional bene®ciaries, or to designate a more complex bene®ciary designation, please attach, sign, and date a separate piece of paper.

When designating bene®ciaries, please use whole percentages and be sure that the percentages for each group of bene®ciaries total 100%. Your primary bene®ciary cannot be your contingent bene®ciary. If you designate a trust as a bene®ciary, please in the date the trust was created, and the trustee's name.

Unless otherwise speci®ed by your plan, if more than one person is named and no percentages are indicated, payment will be made in equal shares to your primary bene®ciary(ies) who survives you. If a percentage is indicated and a primary bene®ciary(ies) does survive you, the percentage of that bene®ciary's designated share shall be divided among the surviving primary bene®ciary(ies) in proportion to the percentage selected for them.

3. SPOUSAL CONSENT

Spousal Consent: If you are married, your plan requires that you designate your spouse as primary bene®ciary for at least 50% of your vested account balance, payable in the form of a preretirement survivor annuity. If you are married and you do not designate your spouse as your primary bene®ciary for your account balances as described above, your spouse must sign the Spousal Conseportion of this form in the presence of a notary public or a representative of the plan.

Age 35 Requirement: Your spouse must be the primary bene®ciary of your account as described above unless your spouse consents to a different primary bene®ciary. If this designation occurs prior to the ®rst day of the plan year in which you attain age 35, this designation is void on the earlier of (a) the ®rst day of the plan year in which you attain age 35, or (b) the date of separation from service. When this designation is voided, your spouse will become the bene®ciary for the amount described above. If you wish to designate a different primary bene®ciary at that time you will need to complete a new Bene®ciary Designation form.

4. AUTHORIZATION

Please provide your signature.

Fidelity Investments Institutional Operations Company, Inc.

Fidelity Investments Quali®ed Plan Bene®ciary Designation

1. YOUR INFORMATION				
Please useblack pen and print clearly in CAPITAL LETTERS.				
Social Security #:	Date of Birth:			
First Name:				
Last Name:				
Street Address:				
Address Line 2:				
City:	State:			
Zip:				
Daytime Phone	Evening Phone			
Name of Employer:	Plan Number (if known):			
I am: Single OR Married	Name of Site/Division			
2. DESIGNATING YOUR BENEFICIARY(IES)				
Please check here if you have more than three primary or three contingent bene®ciaries.				
Primary Bene®ciary(ies)				

	2. DESIGNATIN	NG YOUR BE	NEFICIARY(IES) (CONTINUED)	1
2.	Individual:	OR	Entity Name:	
	Social Security Number:	OR	Tax ID Number:	Percentage:
	Date of Birth or Trust Date:		Relationship to Applicant: Spouse OR Trust OR Estate/Charity C	OR Other
3.	Individual:	OR	Entity Name:	
	Social Security Number:	OR	Tax ID Number:	Percentage:
	Date of Birth or Trust Date:		Relationship to Applicant:	Total = 100%

3. SPOUSAL CONSENT

As the spouse of the Participant named above, I understand that, under the terms of the Plan, my spouse's retirement bene®ts are to be paid to me in the form of a Quali®ed Joint and Survivor Annuity (QJSA), unless I choose to give up that right. By signing below, I hereby acknowledge that I understand: (1) that the effect of my consent may result in the forfeiture of bene®ts I would otherwise be entitled to receive upon my spouse's death; (2) that my spouse's waiver of the QJSA is not valid unless I consent to it; (3) that my consent is voluntary, (4) that my consent is irrevocable unless my spouse revokes the waive to the QJSA; and (5) that my consent (signature) must be witnessed by a notary public or a representative of the Plan.

I understand that if this bene®ciary designation is executed prior to the ®rst day of the plan year in which the participant turns 35 that my rights to receive the QJSA bene®t as determined by the retirement plan provisions will be restored to me on the earlier of (a) the ®rst day of the plan year in which the participant attains age 35, or (b) the date the participant separates from service with the employer sponsoring the retirement Plan.

Signature of Participant's Spouse:	Date:
To be completed by a notary public or representative of the plan	:
Sworn before me this da	
In the State of County of	
Notary Public Signature:	
My Commission Expires:	Notary stamp must be in the above box
Witnessed by Plan Representative:	Date:
4. AUTHORIZATION A	ND SIGNATURE
Individual Authorization: By executing this form I certify under penalties of perjury that my Social Security number 1 understand that I may designate a bene®ciary for my assets designate a bene®ciary, distributions will be made according to I am aware that the bene®ciary information included in this for effect until I deliver another completed and signed Bene®ciary. I am aware that the bene®ciary information indeed herein shall approximate the second s	accumulated under the Plan and that if I choose not to o the plan document. m becomes effective when delivered to Fidelity and will remain in pesignation Form to Fidelity with a later date.
Your Signature:	Date:

Fidelity Investments Institutional Operations Company, Inc.

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